

# Join me

on my first

## ONLINE CLASS!

Together with you we will  
create this beautiful flower



Elena Bain -The Silk Flower Artist



## *Silk Orchid*

Book your seat now and enjoy creating !

 elena bain  
the silk flower artist  
[www.silkflowerartist.com](http://www.silkflowerartist.com)

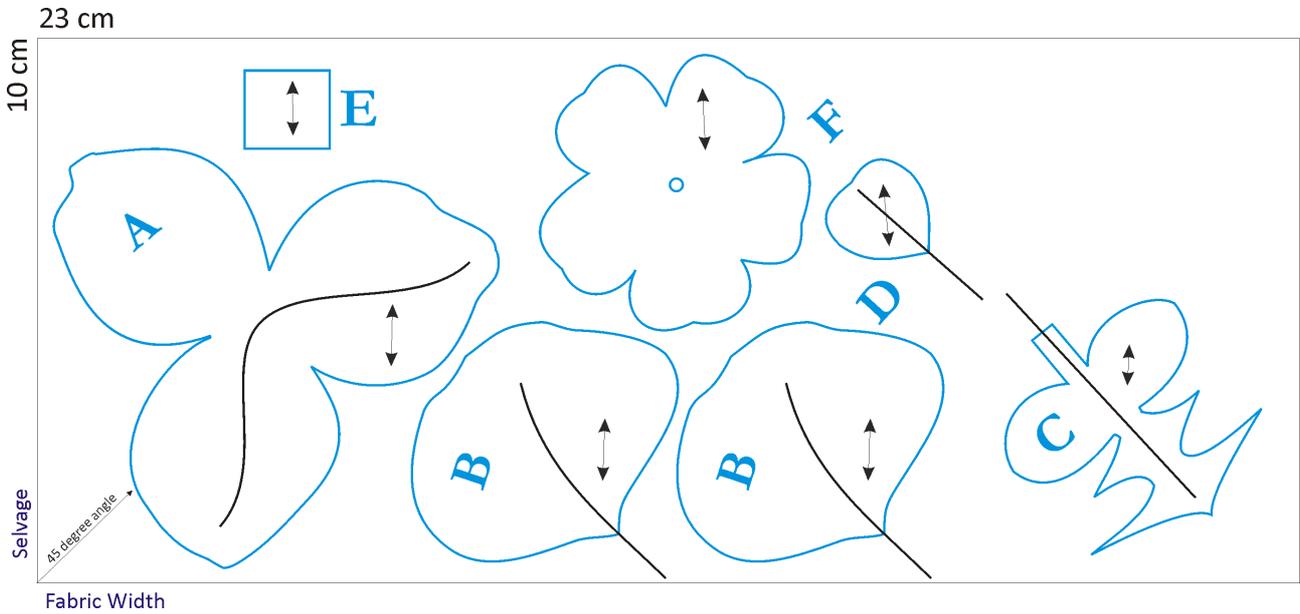
# SILK ORCHID

Materials and tools required for creating one silk orchid:

**Flower fabric: 23 cm x 10 cm**

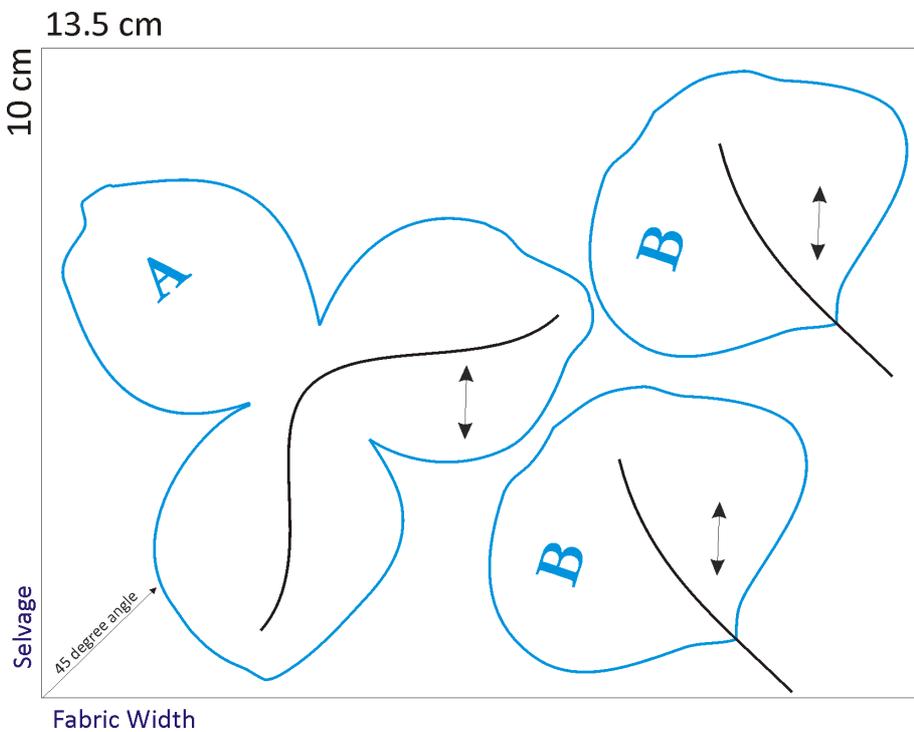
Japanese velvet /8/ - was used for the Orchid

*You also can use cotton, satin, natural thick silk.*

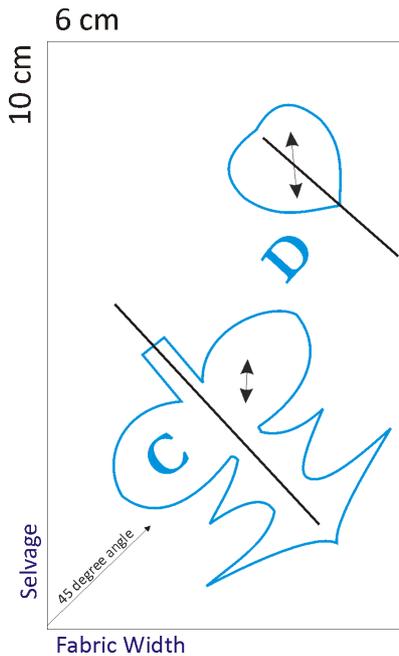


**Lining silk: 13,5 cm x 10 cm**

Silk for lining (medium) /14/, organdy. Silk for lining (hard) /13/ - was used for this flower.



Lining silk: yellow color - 6 cm x 10 cm



Florist wire:

# 33 or # 30 or #26 gauge florist wire – 2 pcs for parts A, B, C, D  
#24 or #26 – 1 pcs for making the orchid bud.

Silk tape 5 mm – 30cm or you can use lining silk to make silk tapes.  
Thick PVA glue. Cotton batting for making orchid bud.

TOOLS:

Small spoon

Florist knife



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*If you cannot procure the exact type of fabrics specified, make wise substitutions.  
Your results may vary, depending on the fabric choices you make.  
The best results will be achieved using the professional tools available in my [online store](http://www.silkflowerartist.com).*

All fabrics must be prepared, or "stiffened" before cutting out flower elements (calyx, petals, and leaves). Stiffening prevents element edges from fraying and prolongs their original shape.

There are different ways or methods to stiffen fabric. Select a method.

- **Starching:** To make the starch (of ordinary thickness), mix one tablespoon cornstarch with one tablespoon water. Boil 4/5 cups water in a pot, add the cornstarch solution, and continue heating over a low flame until thick, stirring constantly. Remove from heat and add one tablespoon craft glue; mix well and allow to cool. Dip the fabric in the solution, squeeze the surplus and hang to dry.
- **PVA powder:** PVA powder glue stiffens fabric permanently once the glue hardens. Mix 2 tablespoons of PVA powder with 0.5 litre or 2.1 cups of water in a glass bowl. Stir the glue and water together with the wooden spoon until blended. Put it in a pot with water and heat it slowly for 20-30 minutes, stirring occasionally. Filter the hot liquid through cheesecloth. You can use the mixture while its hot. Apply the mixture with a paintbrush, squeeze the surplus and hang to dry. The solution can be more or less concentrated depending on the effect you want.
- **Gelatin:** Use 2 oz. clear powdered gelatin or gelatin sheets in 2 cups of water. Heat the water and mix with the gelatin, stirring until it dissolves. Pass the solution through a strainer and apply it to the fabric with a sponge or brush; or dip the fabric in the solution, squeeze out the surplus, and hang to dry .

### **Cutting Fabric**

You can print or copy the patterns directly from your computer screen. Then place a piece of paper on the screen and trace the patterns onto your paper. To make reusable templates, simply cut out each paper pattern piece and trace it onto cardboard or flexible plastic.

White fabric can be transformed into any color fabric you want. You will learn how to add visual dimension by coloring and shading flower petals, leaf for this beautiful flower.

There are many different silk dyes on the market. Small quantities of powdered dyes for fabric, such as those used for batik or tie-dyeing, are excellent for colouring flower petals and leaves. I use silk powder dyes. [Silk powder dyes](#) are highly concentrated and one of the best choices for silk dyeing.

You can also use inexpensive, pre-mixed liquid dyes made especially for silk. Always make sure that any dye you use is made for the type of fabric you are using (silk, cotton, linen, etc.), and that you carefully follow the manufacturer's instructions for mixing and applying the dye; and setting the dye colors.

Now watch the video tutorial for the Couture "Silk Orchid" and get ready for our online class : )

Join me on [FaceBook](#)

If you have any questions regarding flower making tools or video / PDF tutorials - please do not hesitate to contact me. Enjoy creating!

*Sincerely yours,*  
*Elena Bain — The Silk Flower Artist*  
[www.silkflowerartist.com/](http://www.silkflowerartist.com/)

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